PROMIS Pain Interference Short Form 6a (v1.1) (PROMIS PI 6a)

Name: _____ Date: _____

Please respond to each question or statement by marking one box per row. In the past 7 days...

1. How much did pain interfere with your day to day activities?

[ ] Not at all	1
[ ] A little bit	2
[ ] Somewhat	3
[ ] Quite a bit	4
[ ] Very much	5

2. How much did pain interfere with work around the home?

[ ] Not at all	1
[ ] A little bit	2
[ ] Somewhat	3
[ ] Quite a bit	4
[ ] Very much	5

3. How much did pain interfere with your ability to participate in social activities?

[ ] Not at all	1
[ ] A little bit	2
[ ] Somewhat	3
[ ] Quite a bit	4
[ ] Very much	5

4. How much did pain interfere with your household chores?

[ ] Not at all	1
[ ] A little bit	2
[ ] Somewhat	3
[ ] Quite a bit	4
[ ] Very much	5

5. How much did pain interfere with the things you usually do for fun?

[ ] Not at all	1
[ ] A little bit	2
[ ] Somewhat	3
[ ] Quite a bit	4
[ ] Very much	5

6. How much did pain interfere with your enjoyment of social activities?

[ ] Not at all	1
[ ] A little bit	2
[ ] Somewhat	3
[ ] Quite a bit	4
[ ] Very much	5

Scoring
Sum of the six item scores (1 to 5), raw score 6 to 30. The raw summed score is converted to a T-score with the official short form conversion table (mean 50, SD 10 in the US general population). Higher scores mean MORE pain interference.
Raw score (6 to 30): _____
PROMIS Pain Interference T-score: _____

Source: Amtmann, D., Cook, K. F., Jensen, M. P., Chen, W. H., Choi, S., Revicki, D., Cella, D., Rothrock, N., Keefe, F., Callahan, L., & Lai, J. S. (2010). Development of a PROMIS item bank to measure pain interference. Pain, 150(1), 173-182.
Online calculator and more: physiotutors.com/questionnaires