Global Perceived Effect scale (GPE)

Name: _____ Date: _____

Compared with when your complaint started (or when you started treatment), how would you describe your complaint now? Choose one answer.

1. How is your complaint now, compared with when it started (or when you started treatment)?

[ ]	Completely recovered	1
[ ]	Much improved	2
[ ]	Slightly improved	3
[ ]	Unchanged	4
[ ]	Slightly worse	5
[ ]	Much worse	6
[ ]	Worse than ever	7

Scoring

Single item. The selected category is the score: 1 completely recovered, 2 much improved, 3 slightly improved, 4 unchanged, 5 slightly worse, 6 much worse, 7 worse than ever.

GPE score (1 = completely recovered, 7 = worse than ever): _____

Source: Kamper, S. J., Ostelo, R. W., Knol, D. L., Maher, C. G., de Vet, H. C., & Hancock, M. J. (2010). Global Perceived Effect scales provided reliable assessments of health transition in people with musculoskeletal disorders, but ratings are strongly influenced by current status. Journal of clinical epidemiology, 63(7), 760-766.e1. https://doi.org/10.1016/j.jclinepi.2009.09.009

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