PROMIS Physical Function Short Form 6b (v2.0) (PROMIS PF 6b)

Name: _____ Date: _____

Please respond to each question or statement by marking one box per row.

1. Are you able to do chores such as vacuuming or yard work?

[ ] Without any difficulty	5
[ ] With a little difficulty	4
[ ] With some difficulty	3
[ ] With much difficulty	2
[ ] Unable to do	1

2. Are you able to go up and down stairs at a normal pace?

[ ] Without any difficulty	5
[ ] With a little difficulty	4
[ ] With some difficulty	3
[ ] With much difficulty	2
[ ] Unable to do	1

3. Are you able to go for a walk of at least 15 minutes?

[ ] Without any difficulty	5
[ ] With a little difficulty	4
[ ] With some difficulty	3
[ ] With much difficulty	2
[ ] Unable to do	1

4. Are you able to run errands and shop?

[ ] Without any difficulty	5
[ ] With a little difficulty	4
[ ] With some difficulty	3
[ ] With much difficulty	2
[ ] Unable to do	1

5. Does your health now limit you in doing two hours of physical labor?

[ ] Not at all	5
[ ] Very little	4
[ ] Somewhat	3
[ ] Quite a lot	2
[ ] Cannot do	1

6. Does your health now limit you in doing moderate work around the house like vacuuming, sweeping floors or carrying in groceries?

[ ] Not at all	5
[ ] Very little	4
[ ] Somewhat	3
[ ] Quite a lot	2
[ ] Cannot do	1

Scoring
Sum of the six item scores (1 to 5, 5 = no limitation), raw score 6 to 30. The raw summed score is converted to a T-score with the official short form conversion table (mean 50, SD 10 in the US general population).
Raw score (6 to 30): _____
PROMIS Physical Function T-score: _____

Source: Rose, M., Bjorner, J. B., Gandek, B., Bruce, B., Fries, J. F., & Ware, J. E., Jr. (2014). The PROMIS Physical Function item bank was calibrated to a standardized metric and shown to improve measurement efficiency. Journal of Clinical Epidemiology, 67(5), 516-526.
Online calculator and more: physiotutors.com/questionnaires